



BOARD OF REGISTRATION OF ARCHITECTS  
AND QUANTITY SURVEYORS (BORAQS) KENYA



# MENTAL HEALTH AWARENESS TRAINING



Date: 31st May 2023  
Time: 2:30PM



<https://bit.ly/3qbRi7I>



Construction Industry Professionals mostly undergo work related pressure to deliver projects on time, budget, and quality. Delayed payments is another major cause of stress. The professionals are likely to fall victim to the challenges of mental health because of their role in the projects and society. BORAQS intends to raise awareness about the importance and maintenance of good mental health.

*Join us for candid discussion.*

